



Everyone is invited to a

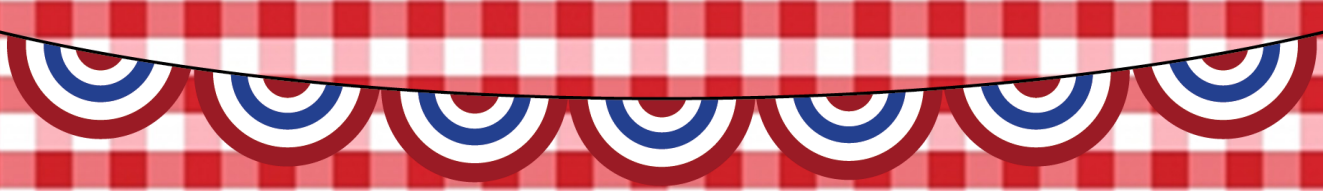
# Potluck Picnic

Sunday, July 5 after worship

Aptos UMC will provide chicken, please bring...

Last names A thru M, a dessert

Last names N thru Z, a side



We will be celebrating the Fourth of July,  
plus Gabe's birthday  
and his reappointment to Aptos UMC

# FROM THE PASTOR'S DESK

***“For I do not do the good I want, but the evil I do not want is what I do.”***

Romans 7:19 NRSVUE

Greetings Church Family,

A few weeks ago, I set out to clean my closet with a trash bag, a donation box, and pure, holy intention. Ten minutes in, I found a suitcase full of old photos and got paralyzed by nostalgia. By dinnertime, the closet was worse than before, and I thought to myself, *“Why can't you just finish what you start?”*

This is exactly the tension the Apostle Paul wrestles with in Romans 7: ***“I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.”*** If you've ever felt like a walking contradiction, then you're in good company. We want to be patient, yet we snap in traffic. We want to be generous, yet we clench our fists over the budget. We want to speak kind words, but the gossip is just too juicy to not share.

As we transition into our upcoming series, “Core Faith,” Paul drops a theological anchor in Romans 8: ***“Therefore there is now no condemnation for those who are in Christ Jesus.”*** Our core faith rests on an unshakeable reality. Nothing can separate us from the love of God in Christ Jesus. God's grip on us is infinitely tighter than our grip on God.



So how do we live this out this month?

Firstly, drop the charges against yourself. If the Creator of the universe has extended "no condemnation" to you, then give yourself permission to be a work in progress.

Secondly, practice theological hospitality. Everyone you meet is fighting a hidden battle or hiding a messy closet. Swap judgment for a helping hand.

Finally, lean on the community. When you're too weak to sing or pray, show up and let your church family sing and pray on your behalf.

The closet and the world may look messy right now, but we don't face the clutter alone. We're held together by a love that will never let us go.

May the God who loves you without condemnation keep your hearts steady. May the Holy Spirit translate your deepest groans into songs of hope. And may you walk into the world absolutely convinced that nothing can separate you from the love of God in Christ Jesus. Amen.

***“No, in all these things we are more than victorious through him who loved us.”***

Romans 8:37 NRSVUE

Grace and Peace be with you all,

Pastor Gabe

## Small Group Meetings

Small Groups are open to anyone. If you have questions about any of the groups, please contact Pastor Gabe.

- **Blaney Group** - Sunday at 11:15 AM in the Youth Room
- **PACT** - every other Monday at 10 AM (*July 13 & 27*)  
<https://zoom.us/j/97895982359?pwd=dURlM09lZlZlV2pLN3ByZkxwT1pHQ09>  
Meeting ID **978 9598 2359** Passcode **813515**
- **Alive Now** - Tuesday at 10 AM in the Fellowship Hall
- **Upper Room** - Tuesday at 7 PM (New study book - *The Upper Room Disciples*. Click [here](#) for more information.)  
<https://zoom.us/j/94925380499?pwd=OGNpaHc4VmZ2OFhiczVML2M2ME5Ddz09>  
Meeting ID **974 1046 9403** Passcode **935450**
- **Scott Group** - Friday at 10 AM in the Fellowship Hall



## Equal Exchange Coffee and Chocolate

Every first Sunday of the month, we offer coffee and chocolate from Equal Exchange for sale in the Fellowship Hall.

## Church and Society / Green Team

The [United Methodist Creation Justice Movement](#) is asking Methodist communities to support a **Plastic Free July**. Choose to refuse single use plastics for the month of July and maybe discover some great alternatives that can become new habits forever.

Chemicals sourced from fossil fuels make plastic, and both plastic production and disposal contribute to greenhouse gases. In 2022, scientists estimated that only around 9 percent of all the plastic waste generated globally is recycled. Plastic can break down into smaller and smaller pieces in the environment, in landfills, or in our streets, green spaces, rivers and oceans. We are only beginning to find out about effects of microplastics on human health, and we already know the damage it is doing to our oceans.

Take four minutes to watch the video "[The Story of Plastics](#)" on YouTube.

Let's support our church's Creation Justice Movement by committing to making sustainable choices during this month of July!



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## Missions

Aptos United Methodist Church continues to offer space to Village Santa Cruz, an organization that helps seniors age in place, stay socially connected, and receive help with short-term projects as needed. The Aptos subgroup of the Village meets at our church on the first Wednesday of the month at 1 PM. The next meeting will be July 1. You are welcome to attend if interested.

# May Financial Report

	YTD Actual	YTD Budget	YTD Over/Under Budget
<b><u>INCOME</u></b>			
Pledge, Plate, Other Giving	70,430.50		
Secret Garden, Building Use	27,550.45		
Investment Income	1,970.97		
<b>TOTAL INCOME</b>	<b>\$99,951.92</b>	<b>\$106,066.70</b>	<b>-\$6,114.78</b>
<b><u>EXPENSES</u></b>			
<b>Church Program &amp; Office</b>			
Conference Apportionments	12,677.00		
Church Program Funding	649.41		
Maintenance, Supplies	387.72		
Office Expenses	1,824.11		
Employee Compensation	18,733.54		
<b>Subtotal, Church Program &amp; Office Expenses</b>	<b>\$34,271.78</b>	<b>\$35,794.15</b>	<b>\$1,522.37</b>
<b>Church Campus</b>			
Custodial	1,410.00		
Utilities	9,649.64		
Insurance	5,637.08		
Taxes	1,713.90		
Maintenance, Improvements	2,849.36		
<b>Subtotal, Church Campus Expenses</b>	<b>\$21,259.98</b>	<b>\$23,236.65</b>	<b>\$1,976.67</b>
<b>Pastoral Ministry &amp; Parsonage</b>			
Salary	25,136.70		
Housing & Utilities	1,875.00		
Travel, Annual Conference, Education, Supplies	2,102.27		
Health Insurance	5,641.60		
Pastor's Pension	4,761.30		
Parsonage Mortgage, Insurance, Taxes, Maintenance	11,033.50		
<b>Subtotal, Pastoral Ministry &amp; Parsonage Expenses</b>	<b>\$50,550.37</b>	<b>\$51,239.60</b>	<b>\$689.23</b>
<b>TOTAL EXPENSES</b>	<b>\$106,082.13</b>	<b>\$110,270.40</b>	<b>\$4,188.27</b>
<b>NET INCOME - EXPENSES</b>	<b>-\$6,130.21</b>	<b>-\$4,203.70</b>	<b>-\$1,926.51</b>

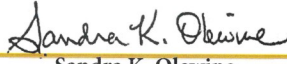
# 100% TITHE PAYMENTS and Second Mile Giving 2025




In recognition of

## *Aptos Community UMC*

  
Diane Knudsen  
Conference Treasurer

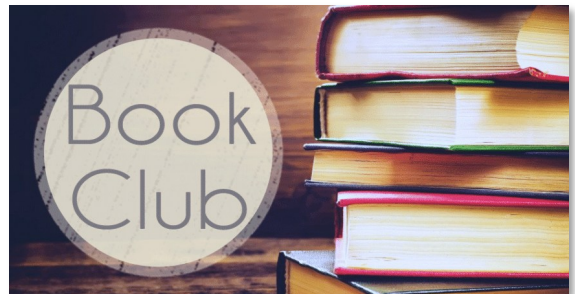
  
Sandra K. Olewine  
Bishop of the San Francisco Area

  
Rev. Samuel Hong  
District Superintendent



### **You are invited to join our Prayer Team.**

The Prayer Team receives a weekly email with prayer requests. To **join** the Prayer Team or **submit** a prayer request, please contact the church [office](#).

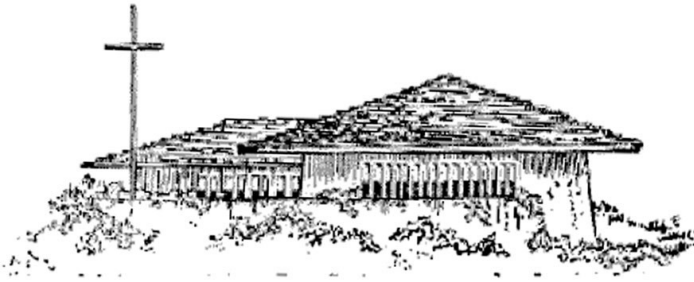


**July 15** *A Great Marriage* by Frances Mayes  
The Book Club meets at 1:30 PM on the third Wednesday of every month in the Youth Room. *Anyone is welcome to attend.* For more information, please contact Barbara Coy-Bulicz at 689-9772 or [bcoybulicz@gmail.com](mailto:bcoybulicz@gmail.com).

## **Online Giving**

To give online, go to [www.aptosumc.org](http://www.aptosumc.org) and click on the 'GIVE NOW' button, or click [HERE](#), or scan this QR code using your smartphone. Creating an account online is not necessary unless you would like to set up a recurring payment or if you would like to save your payment information for future transactions. Contact the church office ([office@aptosumc.org](mailto:office@aptosumc.org) or 831-688-2210) if you have any questions or need assistance.





## **Aptos Community United Methodist Church**

*"The Church Worth Finding"*

221 Thunderbird Drive, Aptos, CA 95003

831.688.2210

[www.aptosumc.org](http://www.aptosumc.org)

### **RETURN SERVICE REQUESTED**

**Sunday Worship at 10 AM in person**

**and livestreamed on  YouTube**

*YouTube channel: @aptosumc*

**Deadline for  
August Tide**  
Friday, July 17

*The Tide* is published monthly by Aptos United Methodist Church.

Aptos UMC is an inclusive community that welcomes and encourages full participation of *all persons*, regardless of race, culture, age, economic circumstance, sexual orientation, gender identity, or physical/mental abilities.

The church office is open Monday through Thursday from 9 AM to 2:30 PM.

## **Church Staff**

**Gabe House**

*Pastor*

[gabriel.house@cnumc.org](mailto:gabriel.house@cnumc.org)

831.535.2912 (cell)

**Sandi Thomas**

*Office Manager*

[office@aptosumc.org](mailto:office@aptosumc.org)

831.688.2210

**Daniel Goldsmith**

*Music Director*

[pianodan@gmail.com](mailto:pianodan@gmail.com)

831.345.4995

**Ruth Landmann**

*Facebook*

[tddynewf@cruzio.com](mailto:tddynewf@cruzio.com)

831.334.0900