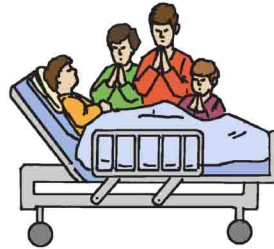
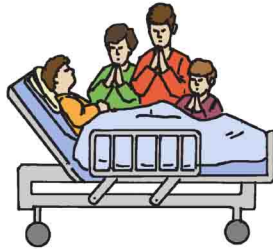


“Pray on all occasions.”
Pray for all the Lord’s people.

Circle the pictures in each row that are the same.



Ages 3+

May 10, 2026 • Ephesians 6:10-20

Be Strong in the Lord

What does Paul tell the Ephesians?

Circle all the ☆'s and count.

9 or 10 or 11 ?

Trace the letters.



Be
strong
in the Lord
and in His
mighty power.



Aptos United Methodist Church

aptosumc.org

Put on the full armor of God, so that you can stand firm in your faith.

Finish the picture by drawing the different pieces of armor on the body with the correct word.



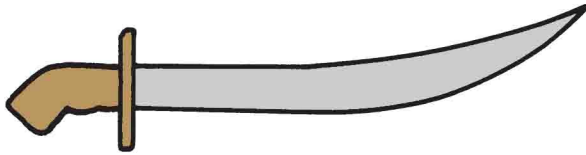
gospel of peace sandals



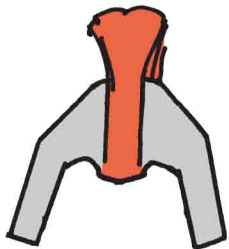
breastplate of righteousness



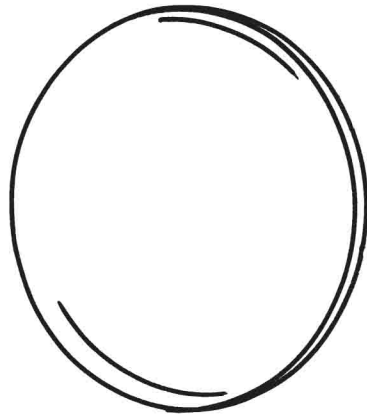
belt of truth



sword of the Spirit Word of God



helmet of salvation



shield of faith

