

Today's special offering supports the work of **Missionary Katherine Parker**. Our church has been in a covenant with Katherine for the past 12 years, and our goal is to contribute \$1,000 each year. Katherine works for the United Mission to Nepal, a multi-denominational outreach that includes the Global Ministries of the United Methodist Church. Check the February Tide for an update from Katherine.

The Tide is in! Copies of our February newsletter are available today. The latest edition is always available at aptosumc.org.

It's the first Sunday of the month and that means **Equal Exchange Fair Trade coffee and chocolate** are available for purchase today in the Fellowship Hall.

If you would like to participate in our **Valentine's Day Potluck** on Saturday, February 14, please sign up today.



Thanks Today to:

Our Liturgist: Marion Proffitt

Our Usher: Peggy Kaysen

Our Tech Team: Carolyn Collins

Our Coffee Volunteers: Helene Milner and Boyd Brown

Our Altar Flowers: Given by Sandi Thomas in gratitude to AUMC for hosting the Christ Lutheran Church Council retreat

This Week:

Tuesday, 2/3: Alive Now 10 AM, Upper Room Group 7 PM

Wednesday, 2/4: Village Santa Cruz 1 PM

Thursday, 2/5: Senior Stretch 9:30 AM

Friday, 2/6: Scott Group 10 AM

Coming Up:

Monday, 2/9: PACT 10 AM

Saturday, 2/14: **Valentine's Day Potluck 3:30 PM**

Wednesday, 2/18: Ash Wednesday

Friday, 2/20: 9th Annual Great Chili Cook Off

Online giving is available. Go to aptosumc.org and click on the 'GIVE NOW' button, or scan this code using your smartphone.



You are invited to join our Prayer Team. The Prayer Team receives a weekly email with prayer requests. To join the Prayer Team or submit a prayer request, contact the church office.

APTO'S UNITED METHODIST CHURCH

February 1, 2026 ~ 10 AM Worship

Fourth Sunday after the Epiphany

Aptos UMC is an inclusive community that welcomes and encourages full participation of ALL PERSONS, regardless of race, culture, age, economic circumstance, sexual orientation, gender identity, or physical/mental abilities. We affirm our denomination's motto,

"Open Hearts, Open Minds, Open Doors"



**WHAT IS
GOOD**

Gabe House, Pastor

Daniel Goldsmith, Music Director

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Order of Worship

Gathering Music

Call To Worship

Beloved, what worship does God desire of us?

To do justice, love kindness, and live humbly with God.

In our life together as the body of Christ, what worship does God desire of us?

To do justice, love kindness, and live humbly with God.

When we share the good news with all creation, what worship does God desire of us?

To do justice, love kindness, and live humbly with God.

Come, let us worship God with justice, kindness, and humility!

We come to worship God with our voices and our lives. Thanks be to God! Amen.

Prelude

Opening Prayer

Gracious God, our teacher, example, and companion, you have shown us what is good, and call us to remember that what you require is not repayment of debt or settling the score, but obedience. Show us, when to do justice, how to love kindness, and where to walk humbly, with you. Amen.

Announcements

Opening Hymn #438

“Forth in Thy Name, O Lord”

Children’s Time

Prayer for Illumination

Lord, open our hearts and minds, by the power of your Holy Spirit, that as the Scriptures are read, and your Word proclaimed, we may hear with joy what you say to us today. Amen.

Scripture

Micah 6:1-8

Sermon

“What is Good”

Pastor Gabe

Hymn #2180

“Why Stand So Far Away, My God?”

Prayers of the People

Confession and Pardon

Merciful God, when we forget the fast you desire—

To do justice, and rise up for the powerless:

Lord, have mercy.

When we forget the prayer you love—

To show compassion and care for those in need:

Christ, have mercy.

When we forget the rituals you require—

To create relationships of righteousness and peace:

Lord have mercy. Amen.

Passing of the Peace

Offering

Doxology #94 “Praise God, from Whom All Blessings Flow”

Prayer of Thanksgiving

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right... ...with your people on earth and all the company of heaven we praise your name and join their unending hymn:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy are you... ...as we proclaim the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

Pour out your Holy Spirit on us gathered here... ...now and for ever.

Amen.

The Lord’s Prayer

Holy Communion

Closing Hymn #2184

“Sent Out in Jesus’ Name”

Benediction

Postlude

Micah 6:1-8 NRSVue

¹ Hear what the LORD says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

² Hear, you mountains, the case of the LORD,
and you enduring foundations of the earth,
for the LORD has a case against his people,
and he will contend with Israel.

³ "O my people, what have I done to you?
In what have I wearied you? Answer me!

⁴ For I brought you up from the land of Egypt
and redeemed you from the house of slavery,
and I sent before you Moses,
Aaron, and Miriam.

⁵ O my people, remember now what King Balak of
Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the LORD."

⁶ "With what shall I come before the LORD
and bow myself before God on high?
Shall I come before him with burnt offerings,
with calves a year old?
⁷ Will the LORD be pleased with thousands of rams,
with ten thousands of rivers of oil?
Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?"

⁸ He has told you, O mortal, what is good,
and what does the LORD require of you
but to do justice and to love kindness
and to walk humbly with your God?